

ANGLAIS

Passeport mondial qui propulsera votre futur
diplôme et votre carrière

Terminales

A4(All/Esp), C, D



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Lesson 25- LISTENING

TEXTS ON KEEPING INFORMED ABOUT HEALTH PROBLEMS RELATED TO DRUGS, TOBACCO, ALCOHOL ABUSE AND AGING

Objective

By the end of this lesson, you should be able to listen to and understand texts about health problems related to drugs, tobacco, alcohol abuse and aging.

En français : tu dois pouvoir écouter un texte sur ces problèmes de santé, identifier le sujet principal et relever les informations importantes.

1. Key vocabulary

- Health problem = problème de santé
- Drug = drogue / substance
- Drug abuse = abus de drogues
- Tobacco = tabac
- Smoking = fait de fumer / tabagisme
- Alcohol = alcool
- Alcohol abuse = abus d'alcool
- Addiction = dépendance
- Harmful = nocif / dangereux
- Disease = maladie
- Risk = risque
- Prevention = prévention
- Treatment = traitement
- Aging = vieillissement
- Elderly people = personnes âgées
- Healthy lifestyle = mode de vie sain

2. Listening strategy

Pour comprendre un texte oral, utilise cette méthode :

LISTEN → IDENTIFY THE TOPIC → FIND KEY WORDS → NOTE CAUSES / EFFECTS → IDENTIFY ADVICE OR SOLUTIONS → CHECK DETAILS

3. What to listen for

- WHO? → Who is concerned?
- WHAT? → What health problem is mentioned?
- CAUSE? → What causes or increases the problem?
- EFFECT? → What are the consequences?
- ADVICE / SOLUTION? → What should people do?

4. Short listening text

Health problems can affect people of all ages. Drug abuse, smoking and excessive alcohol consumption can seriously affect a person's health. Smoking can damage the lungs, while alcohol and drug abuse may cause physical, psychological and social problems. As people grow older, they may also face health difficulties linked to aging. Staying informed, avoiding harmful substances, eating well, exercising and seeking medical advice when necessary can help people protect their health.

5. Main idea

The text explains some health problems related to drugs, tobacco, alcohol abuse and aging, and gives simple ways of protecting one's health.

6. Important details

- Drug abuse can cause health and social problems.
- Smoking can damage the lungs and affect health.
- Excessive alcohol consumption can be harmful.
- Aging may bring particular health difficulties.
- People should stay informed and adopt healthy habits.
- Medical advice may be necessary when health problems occur.

7. Useful expressions

- Smoking is harmful to health.
- Drug abuse can cause serious health problems.
- Excessive alcohol consumption is dangerous.
- People should avoid harmful substances.
- Older people may need special health care.
- A healthy lifestyle can help prevent some health problems.
- People should seek medical advice when necessary

8. Listening comprehension

After listening, answer these questions:

1. What is the text mainly about?
2. Which harmful substances are mentioned?
3. What part of the body can smoking damage?
4. What problems may drug and alcohol abuse cause?
5. What health issue is associated with older people?
6. Give two ways of protecting one's health mentioned in the text.

9. True or false

1. Smoking can affect the lungs. _____
2. Drug abuse has no effect on health. _____
3. Aging can be associated with health difficulties. _____
4. A healthy lifestyle can help protect health. _____

Remember

LISTEN FOR THE MAIN IDEA • IDENTIFY KEY WORDS • FIND CAUSES AND EFFECTS • LISTEN FOR ADVICE • CHECK IMPORTANT DETAILS

