

ANGLAIS

*Passeport mondial qui propulsera votre futur
diplôme et votre carrière*



Terminales
A4(A1/Esp), C, D

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LEÇON 7 : READING

Texts on Recreational Activities

Objectifs:

By the end of this lesson, you should be able to read and understand a text about recreational activities, identify key information and answer comprehension questions correctly.

En français : À la fin de cette leçon, tu dois être capable de lire et comprendre un texte sur les activités de loisirs, d'identifier les informations essentielles et de répondre correctement aux questions de compréhension

1. WHAT IS A RECREATIONAL ACTIVITY?

Une recreational activity est une activité de loisir, pratiquée pendant le temps libre pour se détendre, se divertir ou se sentir bien.

English

Playing football
Listening to music
Reading books
Watching movies
Dancing
Swimming
Playing video games
Going for a walk
Cycling
Travelling

Français

Jouer au football
Écouter de la musique
Lire des livres
Regarder des films
Danser
Nager / faire de la natation
Jouer aux jeux vidéo
Se promener
Faire du vélo
Voyager

2. TYPES OF RECREATIONAL ACTIVITIES

Indoor activities = activités pratiquées à l'intérieur.

Examples: reading, watching movies, playing video games, listening to music.

Outdoor activities = activités pratiquées à l'extérieur.

Examples: football, swimming, cycling, walking.

3. UNDERSTANDING A TEXT ABOUT RECREATIONAL ACTIVITIES

Lorsque tu lis un texte sur les recreational activities, cherche d'abord les informations essentielles :

- **WHO?** → Qui pratique l'activité ?
- **WHAT?** → Quelle activité pratique-t-il ?
- **WHEN?** → Quand ?
- **WHERE?** → Où ?
- **WHY?** → Pourquoi ?

Tu n'as pas besoin de traduire chaque mot pour comprendre le texte.

4. SAMPLE TEXT – MY FREE TIME

Paul is a secondary school student. During his free time, he enjoys playing football with his friends. He usually plays on Saturday afternoons. He also likes listening to music and reading books at home. For Paul, recreational activities help him relax after a busy week at school.

5. READING COMPREHENSION

1. Who is Paul?
2. What does he enjoy doing?
3. When does he usually play football?
4. What activities does he do at home?
5. Why does he practise recreational activities?

Pour répondre, retrouve l'information directement dans le texte avant de construire ta réponse

6. USEFUL EXPRESSIONS

- | | |
|---|--|
| During my free time... | → Pendant mon temps libre... |
| I enjoy playing football. | → J'aime jouer au football. |
| I like listening to music. | → J'aime écouter de la musique. |
| My favourite recreational activity is... | → Mon activité de loisir préférée est... |
| It helps me relax. | → Cela m'aide à me détendre. |
| I usually play with my friends. | → Je joue généralement avec mes amis. |

7. PRACTICE EXERCISE

Read the text and answer the questions.

Linda enjoys recreational activities after school. She likes reading novels and listening to music. At weekends, she sometimes goes swimming with her sister. She enjoys these activities because they help her relax and spend time with her family.

1. When does Linda enjoy recreational activities?
2. What does she like doing?
3. What does she sometimes do at weekends?
4. Who goes swimming with Linda?
5. Why does she enjoy these activities?

Remember

READ → IDENTIFY THE ACTIVITY → FIND WHO, WHAT, WHEN, WHERE AND WHY → ANSWER FROM THE TEXT.

Le plus important n'est pas de traduire tout le texte, mais d'identifier les informations nécessaires pour répondre correctement aux questions.



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